



Flower Essence Questionnaire for Horses

The answers to this questionnaire are used to help formulate the appropriate combination of flower essences to meet your horse's needs. Please take the time to read and answer the questions the best that you can. Feel free to make any extra comments next to your answers. The more information that we have, the better we can understand your horse.

Please check the box for ANY and ALL of the questions that you feel describe your horse's state of mind, behavior or natural character.

Fears or Anxieties

1. Never complains or keeps going, even when in clearly in pain?
2. Seems timid or anxious, "jumpy" or "spooky"?
3. Panics or spooks if presented with something new, different, or unexpected?
4. Difficulty loading into trailer?
5. Refuses to go forward or walk next to certain things?
6. Tries to escape undesirable situations in a panic?
7. What makes him "spook"? _____

Environment & Routine

8. What is horse's usage? _____
9. What is his environment? _____
10. Does he travel or used in competition? What type _____
11. Seems homesick or becomes depressed/ill when taken away from home?
12. Cannot adjust to new surroundings or environment?
13. Any history of previous abuse or trauma or rescued from poor environment?
14. Becomes stressed or intolerant when there is a change in his routine?
15. Is sensitive to sights, sounds, smells, touch or different temperatures?
16. Sensitive to things in environment or has allergies?
17. Possesses specific dislikes or "hates" List _____

Social Behavior

18. Kicks, bites, rears up or backs into people or other horses?
19. Objects to being touched, saddled, shod, groomed, or people going into stall/paddock?
20. Shows erratic behavior (does what asked one day, then refuses the next)?
21. Is stubborn or pushy?
22. Acts "touchy" when handle, does not tolerate people or other animals near them?
23. Acts like a "coiled spring", very tense and unable to relax?
24. Does not get along with other horses or pasture mates?
25. Cribs, weaves/paces front of stall, or kicks the walls?
26. Refuse to take the bit, does not want to work?

(over)

- 27. Is impatient, won't stand still to be saddled or mounted, rushes gates/fences...?
- 28. Will not attempt or refuses jumps?
- 29. Is overly attached to stable mates? (Or mare overprotective of a her foal?)
- 30. Accident - prone? (e.g. repeatedly gets hurt on fences...)
- 31. Won't listen to or respond to the rider?
- 32. Doesn't take any initiative/ lacks confidence- relies too much on rider?
- 33. Difficult to focus or keep the horse's attention?

Energy and State of Mind

- 34. Becomes tired easily or lacks energy?
- 35. Does not respond to encouragement?
- 36. Any recent loss of a person or animal close to him?
- 37. Seems down in spirits, or depressed in general?
- 38. Lacks "get up and go" when asked to perform an activity?
- 39. Withdraws from contact, keeps his distance or is indifferent to things?
- 40. Seems weak or exhausted, mentally or physically?
- 41. Appears restless or uneasy much of the time?
- 42. Something seems to be wrong, but you are not sure what it is?

Physical Condition

- 43. 'Catches' infections easily or recurrent infection/parasite problems?
- 44. Has Laminitis?
- 45. Suffers recurrent bouts of colic?
- 46. Inflexible or tense on one side or to one direction?
- 47. Does not want to eat and /or loses weight easily?
- 48. Lacks physical flexibility, tense / rigid body, or arthritis?
- 49. Itchy or sensitive to insect bites?
- 50. Any change in behavior or lifestyle? List: _____
- 51. Any illnesses? List: _____